

Learning Stems from Play: Considerations for Implementing UPK Instructional Time

Learning thrives in an environment that celebrates and affirms cultural and linguistic diversity, actively combats racism and pursues equity, embraces inclusion and promotes belonging for each and every child.



Our youngest learners thrive when at least 50% of instructional time relies on child-directed playful learning activities, such as those that occur in learning centers, with the remaining time spread across educator-guided or -directed playful learning activities, such as those available through whole group or small group contexts.